

WELLNESS WEEK

BE LOVE & BELIEVE

Aug 15th -18th, 2018

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HAPPINESS
THURSDAY

Acro Yoga

Wellness Palapa
9:00 am

Braids Workshop

Wellness Palapa
10:00 am

Salsa Workout Class

Wellness Palapa
11:00 am

Ceviche Class

Beach
12:00 am

Let's All Play Drums Workshop

Wellness Palapa
1:00 pm

Rock Painting

Wellness Palapa
2:00 pm

Carnaval, Alebrijes And Mojitos

Main Pool
6:30 pm

Caribbean Fine Dining

El Mar
7:00 pm

Fire Show

Beach
8:30 pm

Reggae

Beach
9:00 pm

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INSIDE
FRIDAY

Balancing Chakras Workshop

Wellness Palapa
9:00 am

SUp Yoga

Beach
10:00 am

Healthy Back Workshop

Wellness Palapa
11:00 am

Facial Treatments Workshop

Wellness Palapa
12:00 am

Paint Class And Wine Tasting

Wellness Palapa
1:00 pm

Mediterranean Dinner With Wine Pairing

Aroma Restaurant
7:00 pm

Gypsy Beats

Lupita Lounge
7:30 pm

Flamenco Dance

Lupita Lounge
8:30 pm

Acoustic Pop

Lupita Lounge
9:30 pm

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CONNECTION
SATURDAY

Yoga Flow

Wellness Palapa
9:00 am

Aqua Fitness

Beloved Spa
10:00 am

Self Massage Class

Wellness Palapa
11:00 am

Healthy Snacks With Essential Oils Workshop

Wellness Palapa
1:00 pm

Create Your Meditation Mala Workshop

Wellness Palapa
2:00 pm

Native Hindu Dinner

Beloved Spa
7:00 pm

Hindu Dancers

Beloved Spa
7:30 pm

Caribbean Fine Dining

El Mar
7:00 pm

Led And Water Drums Show

Beloved Spa
8:30 pm

Silent Party

Beloved Spa
9:00 pm

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LOVE
SUNDAY

Pilates Matt

Wellness Palapa
9:00 am

Paddle Board Workshop

Beach
10:00 am

Colors Race

Beach
11:00 am

Making Natural Spa Products

Wellness Palapa
12:00 am

Butterflies Release Ritual

Beach
1:00 pm

Chamanic Uplifting Massages

Wellness Palapa
2:00 pm

Boho-Chic Mexican Market

Lupita Lounge
6:30 pm

Mexican Party And Dinner

Lupita Lounge
7:00 pm

Mexican Dancers And Mariachi

Lupita Lounge
8:30 pm

Legend Of Popol Vuh

Lupita Lounge
9:00 pm

Latin Dj

Lupita Lounge
9:00 pm